



Apollo Friends in Sports

The Newsletter of Apollo July 2008 Volume 1 Issue 4

www.apollocalgary.com

Apollo Friends in Sports
223, 12th Avenue SW
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Apollo Friends In Sports is a volunteer-operated, non-profit organization serving primarily members of the Gay, Lesbian, Bisexual & Transgendered communities but open to members of all communities.

The primary focus of Apollo is to provide our membership with well organized and fun sporting events and other activities to allow them to participate and interact in a positive social framework.

07/08 Board of Directors

President - Brad Bostock
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Western Cup Director -
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Presidents Update

Brad Bostock - President
president@apollocalgary.com

Nominate a deserving Apollo member today! Every year Apollo Calgary awards two very important awards to two very deserving members. The first award is the Apollo Volunteer of the Year award, which is awarded to an Apollo member who has helped make a difference in their organization in the last year through exemplary volunteerism within Apollo. Nominations must meet the following Criteria:

- A current Apollo member in good standing.
- Nominated by two members in good standing.
- Nomination must be in writing.
- Nomination must be received by the committee prior to the closing date for nominations.

The second award that Apollo gives out annually is the Jordan Rutherford award. The Jordan Rutherford Memorial Award has been established in memory of one of Apollo's founding members. It is dedicated to a member who demonstrates the qualities that exemplify Apollo's ideals, namely sportsmanship, involvement, fellowship, leadership, commitment and overall citizenship. Nominations must meet the following criteria:

- A current Apollo member in good standing.
- Nominated by two Members in good standing.
- The nominee must sign the nomination.
- Nomination must be in writing.
- Nomination must be received by the committee prior to the closing date for nominations.

Forms are available online at www.apollocalgary.com. All nominations must be received by August 15, 2008. Nominations can be sent to awards@apollocalgary.com. These awards will be handed out in September. Last year's recipient was Phil Ivers who has been key to the success and prosperity of Apollo. Thanks Phil!

Volunteers and Directors needed - become involved and make a difference! Apollo Calgary is looking for a few

good men and women to help out in the organization in many different capacities. We are looking for volunteers to help out with Western Cup, dances, social events and different sporting events throughout the year. Also we are currently looking for a Director or Coordinator for the following sports: golf, tennis, squash, and yoga.

If you are interested in assisting with these sports or a volunteer role or have an interest but have further questions contact president@apollocalgary.com Apollo Calgary is always interested in growing the umbrella of sports offered. If you have a sport you would like to head up and offer to the organization contact us!

We want to hear from you! Apollo Calgary is membership based organization and relies on the feedback and involvement of its members to continue to grow and evolve. By providing feedback on Apollo we are able to continue to fulfill our mission, and grow our organization. Please feel free to provide any feedback on Apollo to president@apollocalgary.com.

Front Runners

Barb Kuester - Director
got2bike@hotmail.com

The Calgary Front Runners run Saturday mornings at 9 am, rain or shine, year round, from Coffee Junkies (795 1st Ave SW, it's on the pathway, west of Eau Claire). Runners of all speeds and abilities, both men and women are welcome to join us, as are visitors from out of town. There is no cost. We vary the length and direction of our routes depending on our numbers and our collective mood. Generally we are

out in the fresh air for 40 minutes, then share coffee and conversation at the Junkies. Walkers are welcome too.

This spring a significant number of our members engaged in a serious training regimen leading up to the Police Half Marathon. Thanks to the great coaching, encouragement and occasional ass-kicking dished out by Brian and Paul, we were out there three times a week, running hills, intervals and keeping one another company on long runs. Some of our runners did their personal best, others had a good time and the rest of us finished, with good stories to tell.

The next big race on the calendar is the Calgary Marathon, Half Marathon and 10K which take place Sunday, July 6th. Good luck to those hardy souls who step up to the line to compete. If spectating is more your speed, come out and watch out for our runners, wearing their new stylish running gear, emblazoned with the new Apollo/ Front Runners logo.

A few Front Runners also compete in triathlons, so in addition to running, you will find them training in the pool or riding the backroads of Calgary. Wednesday night bike rides in the Springbank area are attracting upwards of a dozen riders forming a pretty decent pace line to do about a two-hour ride. We meet behind the Second Cup in Signal Hill at 6:30 pm every Wednesday, weather permitting.

Over the summer, you can count on the Saturday runs and coffee. If the weather's good, then biking on Wednesday is a go. Come on out and join the gang.

Guaranteed you won't be left behind.



Rainbow Riders

Jeff England - President
jeffengland@shaw.ca

The executive of Rainbow Riders would like to thank everyone who was part of our league last year, wish you all the best throughout the summer months, and look forward to you returning again later in the year for the start of our 22nd season!

This past year we gave away over \$22,000 in prize money between our two weekly giveaways, 50/50 and Bowling 4 Bucks, our best Halloween costume contest and prize money at our year end banquet held once again this year at Gunn's Dairy Barn in Heritage Park. We know how to look after our members! With weekly giveaway prizes obtainable by the most inexperienced bowler, a substantial year end prize fund and a fabulous year end banquet which boasts a historic attendance rate of over 90% of the league. Attendees of the year end banquet are treated to exquisite food, door prizes, medals for bronze, silver and gold winners in both the "A" and "B" division and special league champion awards provided by IGBO (International Gay Bowling Organization), the largest gay sporting organization in the world, of which Rainbow Riders is very proud to be a member of for many years and hosted one of their international tournaments as recently as 2005.

Rainbow Riders proud to be an Apollo league that is fairly evenly split between men and woman!! Our league last year consisted of 60% men and 40% women with the average bowler's age being 32 years old. It doesn't matter if you're young or old, male or female, inexperienced or experienced, bowling is a sport that is for you! Keep your Wednesday evenings free and join us at Let's Bowl for some great times and your chance at our weekly giveaways and large year end prize fund.

I invite you to join us on Wed., Aug. 27 to help us kick off of our 22nd year. That night is purely a fun night of bowling simply to get returning bowlers reacquainted and welcome new bowlers to our league. No commitment required that night. Our league officially starts the following Wed., Sept. 3, 2008. Our bowling schedule for the year is constructed shortly their after and we are only able to add people if space permits.

So, come out early, join the oldest league in the Apollo family, win your share of our very large prize fund, make new friends and have some fun!



Apollo Curling

Chris Pollock - Director
curling@apollocalgary.com

Preparations have already begun for another season of Apollo Curling. We'll look to start the season in October with registration opening in September. For more information, email us! Hope to see you between the sheets!

Outdoor Pursuits

Michael Leboldus - Director
outdoorpursuits@apollocalgary.com

Outdoor Pursuits has been out and about in the city and in the mountains several times so far this season and there are many events coming up.

Some upcoming events are:

- Wednesday evenings: Road biking from West Hills.
- July 12: White Water Rafting. Registration deadline has passed but you may be able to call the rafting company and see if there is room).
- July 12: Road bike from Banff to Lake Louise and back.
- July 17: City bike ride on the trails in the city.
- July 23 and Aug. 13: Back country camping trips.
- Aug. 21: City bike ride.
- Aug. 23: Mountain hike.
- Sept 5: Camping in the country.

Someone is looking into a horseback riding trip so keep your eyes peeled for that. Make sure you have horseback riding clicked on your myapollo profile if you're interested. If you'd like to lead an event, please get in touch.



Western Cup Update

Ron Griffith - Western Cup Director
western.cup.director@apollocalgary.com

Western Cup 27 needs you! The Western Cup 27 organizing committee needs more people to help create and put on this amazing event. The time commitment will depend on the role you take on (there are many roles with small time commitments) and the committee meetings are approximately once a month.

We especially need more **women** and **young adults** involved - even if it's just in an advisory role (a very small time commitment). We need people to assist in these areas:

- Thursday's social event
- Friday's social event
- Saturday's dance
- Marketing
- Sponsorship
- Event program ad sales
- Alternative revenue sources (e.g. raffle, silent auction, grants)
- Anything (big or small) you'd be interested in helping with!

For more information and to get involved, please contact western.cup.director@apollocalgary.com

Apollo Lawn Bowling

Chris Pollock - Director
lawnbowling@apollocalgary.com

Summer has finally arrived and with it has come another season of Lawn Bowling. Now that the rain has stopped, we have enjoyed a couple of nights of excellent weather on Tuesday evenings, and with it record participants for our weekly event. Please come and join us at the Inglewood Lawn Bowling Club located at 1235 8th Avenue SE at 6 pm for our BBQ followed by games at 7 pm. Drop-in fees are only \$10. With the BBQ only an additional \$5, its an inexpensive and fun way to spend a Tuesday evening.

With the new participants that we see weekly, the organizers have a learn-to-play clinic prior to the commencement of the games every week. We host this event ever Tuesday rain or shine, please come and check it out. If you would like more information, please email us. Hope to see you on the greens!

World Outgames Update

www.copenhagen2009.org

The City of Copenhagen has all the way been a big supporter of World Outgames 2009. Now more are joining. Several local city councils around Copenhagen have decided to join and are offering venues for free. The Danish government has decided to support Outgames with a grant off more than 6 mill. Danish kroner (almost 1,3 million CAD). This shows that World Outgames 2009 has the political and financial support from both local and national level.

Good news for the winter sport fans. World Outgames 2009 has secured the venues for figure skating, ice hockey and curling all for free. Having ice in Copenhagen in the middle of the summer is not normal in Copenhagen. But the City Council of Hvidovre (just 15 minutes away from central Copenhagen) has decided to offer their first class ice venues for the Outgames participants.

Construction is on track. The construction of the new swim stadium is on track and will be ready for World Outgames 2009. Swimming, water polo, diving and synchronized swimming will all take place at this brand new venue with great facilities for both the participants and the spectators.

The new website is a success! Since the launch of our new website in the spring the numbers visiting the homepage are increasing and for each week more and more info will be available - make sure to visit our website from time to time to get the latest info. Registration has started and remember to register before 30 September to get the early registration discount. Discounts are also available for students.

Be among the first to know - At least once a month a newsletter is being sent out to the whole world with the latest info. Signup for the newsletter at www.copenhagen2009.org/Media/Newsletter